

June/July 2010



# Mamaternity

## Charitable Trust



### Contacts:



#### FMRC:

PH Linda: 323 7770

111 Derby St Feilding

#### PNMRC:

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#### Trust Manager:

PH Carolyn: 021 353715

#### OR...

[www.mamaternity.org.nz](http://www.mamaternity.org.nz)

## June/July 2010 Update

Hello everyone.

Well, we are officially in winter mode now and everyone is layering up, with winter clothes coming out of storage and here to stay for the next few months. On that note, we have a range of beautiful hand knitted wool clothing made by ladies who live locally. We also have gorgeous Merino wool singlets which will help to battle those chills. A general rule when dressing bubs is that they usually need one more layer of clothing on than what we are wearing.



### WOMENS LIFESTYLE EXPO

A Huge thank you to all of our volunteers who helped us at our stand throughout both days!! Also, A special thank you to Gay Janssen who was giving free massages to all mums to be.

Wow! What a great turn out for the Womens expo. Our wheatbags proved to be very popular.

For me, this was a first, being behind a stand and not in front of one buying everything in sight, and I have to say I am already looking forward to the next one in 2011. I got some really great deals and met lots of new people as I'm sure everyone else did too.

### LUCKY DRAW WINNER

Our lucky draw winner for the gorgeous Living Hope Foundation pack was, Courtney Meade of Palmerston North. !Congratulations!



If you would like to place a message or you have some exciting news you would like share in our next newsletter, please call Corrinne on 355 5230

### Upcomming Events. . .

**\*\*Girls Glamour morning.**  
(please phone Linda on 323 770 if you are interested)



**\*\*FMRC mums & mums to be weekly coffee groups . . .**  
10-12pm  
0-9 months Friday  
9-18 months Thursday  
At 111 Derby Street, Feilding.  
\$1.00 covers coffee/tea and biscuits.

**\*\*Weekly Craft Group**  
10.30-12.30pm  
Monday at Feilding Maternity Resource Centre

## Girls Glamour Evening

Our 'Girls Glamour evening' held on May 14 saw a number of Palmy and Feilding Mums, and Mums to be turn up ready to be pampered with a number of things that were on offer; including mini manicures, mini pedicures and facials just to name a few. Linda from our Feilding centre along with our Trust Manager Carolyn, made sure that everyone had a great night.

Linda & Carolyn are both in the process of organizing a 'Girls Glamour Morning' for those mums who were not able to come along to the evening one. If you would like to enquire about attending this or you would just like to know a little more about it, please phone Linda at our Feilding centre. We would also be interested in hearing from you if you would like to offer your services for this.



## Palmerston North News...

This has been a great few months for me since starting at the Palmerston North Maternity Resource Centre; and I have to say I am really loving meeting and forming friendships with all of the Midwives and the women they look after. I have also been given the delight of writing the Bi-monthly newsletters, so you will be hearing from me a lot over the coming months.

I have also been attending this round of Antenatal classes and I have learned that the information given at each class is really helpful for all of those who attend. It has been a great experience watching all of the mums & dads to be, forming friendships with each other and just having fun as each week goes by.

We now have pre-loved clothing in both the Feilding & Palmy centre which we will be selling from as little as \$1.00 & nothing over \$5.00, so come on in and have a look! We would also love to hear from you if you have some baby items you would like to donate to either Centre. We are always grateful to those who come in and donate the things their babies have now outgrown!



### QUOTE...

What feeling is so nice as a child's hand in yours? So small, so soft and warm, like a kitten huddling in the shelter of your clasp. ~ *Marjorie Holmes*

### Rooms available to rent at FMRC

Feilding Resource Centre has rooms available to rent at a very reasonable price. If you would like to enquire about or view the rooms please phone or call in to see Linda at 111 Derby Street, Feilding, or 3237770.

### Naturo Pharm - MATERNITY TRIPLE PACK

This extra value triple pack contains **Pre-Birth** and **Birth-Aid** oral sprays as well as **30g Hypercal Gel** for external use.

\***Pre-Birth** has been formulated to support normal muscle tone and natural childbirth and should be taken for 15 days prior to due date of birth.

**Hypercal Gel** assists the body's response to skin infection, & promotes natural healing of the skin. It also has a useful soothing effect.

\*Use **Birth-Aid** during labour & delivery to support natural childbirth & normal recovery from the trauma of delivery.



HAPPY READING & HAPPY PARENTING

Corrinne